



ESTÁBULO

RODIZIO BAR & GRILL

ABERDEEN RESTAURANT WEEKS

£20 RODIZIO LUNCH

24 AUGUST - 6 SEPTEMBER 2026 | 12PM - 4PM

THE RODIZIO EXPERIENCE

Enjoy unlimited meats expertly grilled and carved tableside by our Passadors, with full access to our unlimited seasonal salad bar and hot dishes. Turn your card green when you are ready for the meats to keep coming - and red when you would like a pause.

A SELECTION OF 7 MEATS

BEEF

PICANHA

Cap of rump - juicy, flavoursome and tender.

ALCATRA

Rump - rich in flavour and expertly cooked.

PORK

LINGUIÇA

Brazilian pork sausage, seasoned and cured.

BARRIGA DE PORCO

Slow-cooked belly pork, glazed with golden syrup.

PRESUNTO

Succulent gammon, lightly cured and tender.

LAMB & CHICKEN

CARNEIRO

Minted lamb - rich, savoury and refreshing.

SOBRECOXA DE FRANGO

Juicy, tender chicken thighs, full of flavour.

SIDES INCLUDED

PAO DE ALHO • ABACAXI • FRIES

Garlic Bread • Pineapple & Cinnamon • Classic French Fries

PLUS UNLIMITED SALAD BAR

Enjoy our seasonal salad bar alongside a selection of hot dishes.

RESTAURANT WEEK OFFER: £20 PER PERSON

Rodizio lunch only. Available 12pm-4pm during Aberdeen Restaurant Weeks.

Please inform your server of any allergies or dietary requirements before ordering.



ESTÁBULO ABERDEEN

38 Union Street, Aberdeen

estabulo.co.uk